


Master Khechen's Snow Day Scavenger Hunt

Complete as many challenges below as you can. Provide proof that you completed each task by either having a witness sign off (parent, sibling, guardian, etc) or taking a picture or video.

When done, email over your checklist (document or screenshot) with attached pics and videos to  (include all media in *one* email or provide link to an album)!

Winner will receive a **BRAND NEW MK BAG, WINTER HAT, AND LONG SLEEVE TEE!**

Deadline is 9pm tonight: Wednesday, January 17, 2024! Good luck!

FIND CATEGORY (2 Point Each)

- Your white belt
- A Ninja Turtle
- Something that says Tae Kwon-Do
- A famous martial artist picture / action figure / toy
- Healthy food that'll build your body up for better martial arts

PICTURE CATEGORY (4 Points Each)

- Take a selfie in MK Gear
- Take a selfie in full uniform
- Take a selfie with a tournament trophy or medal
- Take a picture of you doing a kick
- Take a picture of you doing an action pose
- Take a picture of you in a fake fight scene

EXERCISE CATEGORY (6 Points Each)

- Help shovel the snow for at least 15 minutes
- Do a total of 25 Push-Ups (broken up into as many sets as you'd like)
- Do a total of 50 Sit-Ups (broken up into as many sets as you'd like)
- Do a total of 75 Squats (broken up into as many sets as you'd like)
- Do a total of 100 Jumping Jacks (broken up into as many sets as you'd like)

CHARACTER CATEGORY (8 Point Each)

- Do something that shows respect
- Do something that shows self-discipline
- Do something that shows focus
- Do something that shows responsibility
- Do something that shows confidence
- Do something that shows kindness

VIDEO CATEGORY (10 Points Each)

- Record a video of you doing a form
- Record a video explaining why you like martial arts
- Record a video talking about your favorite martial arts memory
- Record a video talking about your greatest victory in martial arts
- Record a video describing what being a black belt means to you